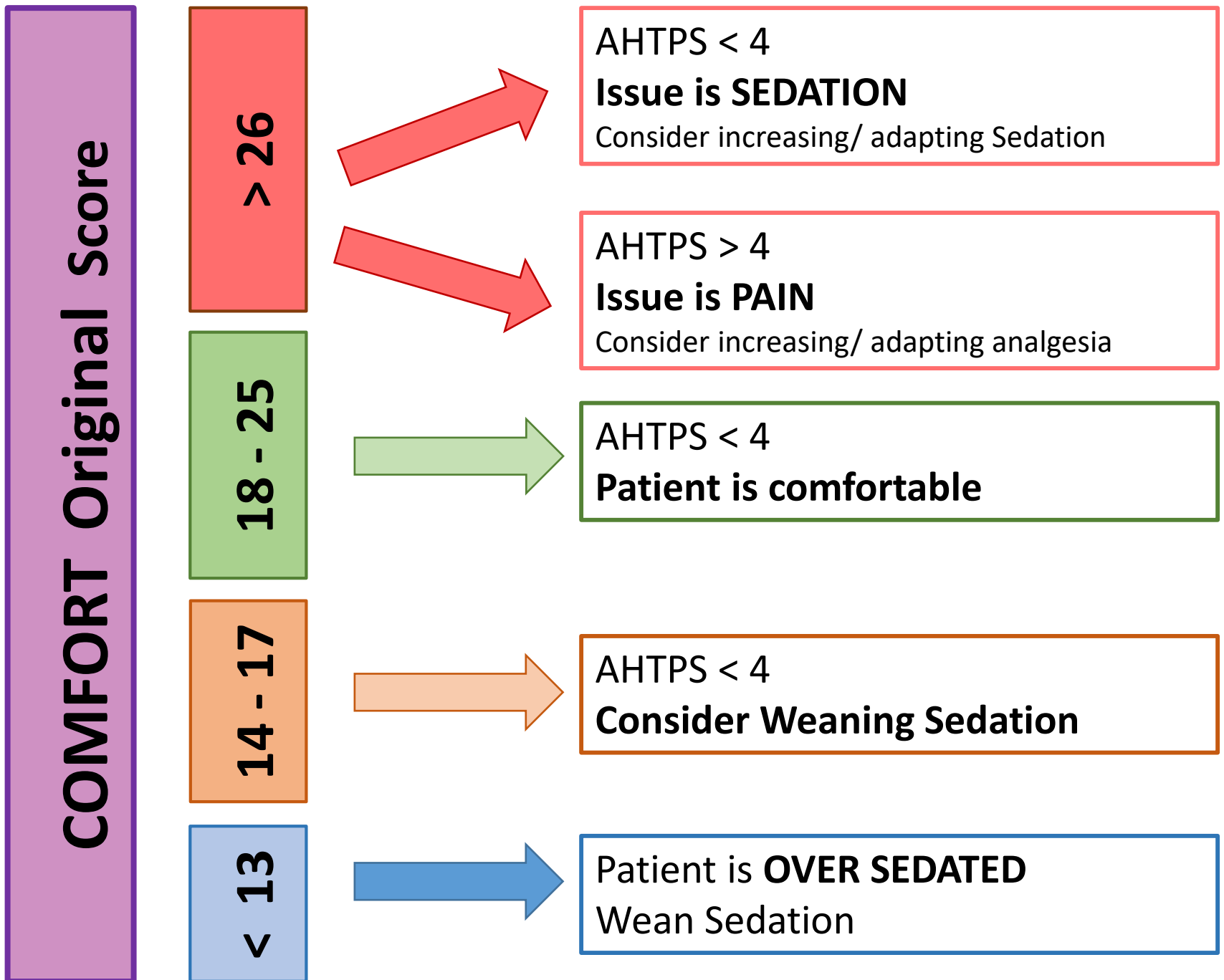




COMFORT Original Score Titration Guide



Alder Hey Triage Pain Score

AHTPS score can be replaced with appropriate alternative validated pain score
e.g. FACES, CRIES, NRS, Patient Reported Score.

(Stewart et al. 1995)

| RESPONSE | SCORE 0 | SCORE 1 | SCORE 2 |
|-------------------|----------------------|-----------------------------------|----------------------------------|
| Cry / Voice | No complaint/ no cry | Consolable/ Not talking/ negative | Inconsolable/complaining of pain |
| Facial Expression | Normal | Short grimace <50% of time | Long Grimace >50% of time |
| Posture | Normal | Touching, rubbing, sparing | Defensive/Tense/ rigid/ arched |
| Movement | Normal | Reduced or restless | Immobile or Thrashing |
| Colour | Normal | Pale | Very Pale/ Green/Grey |

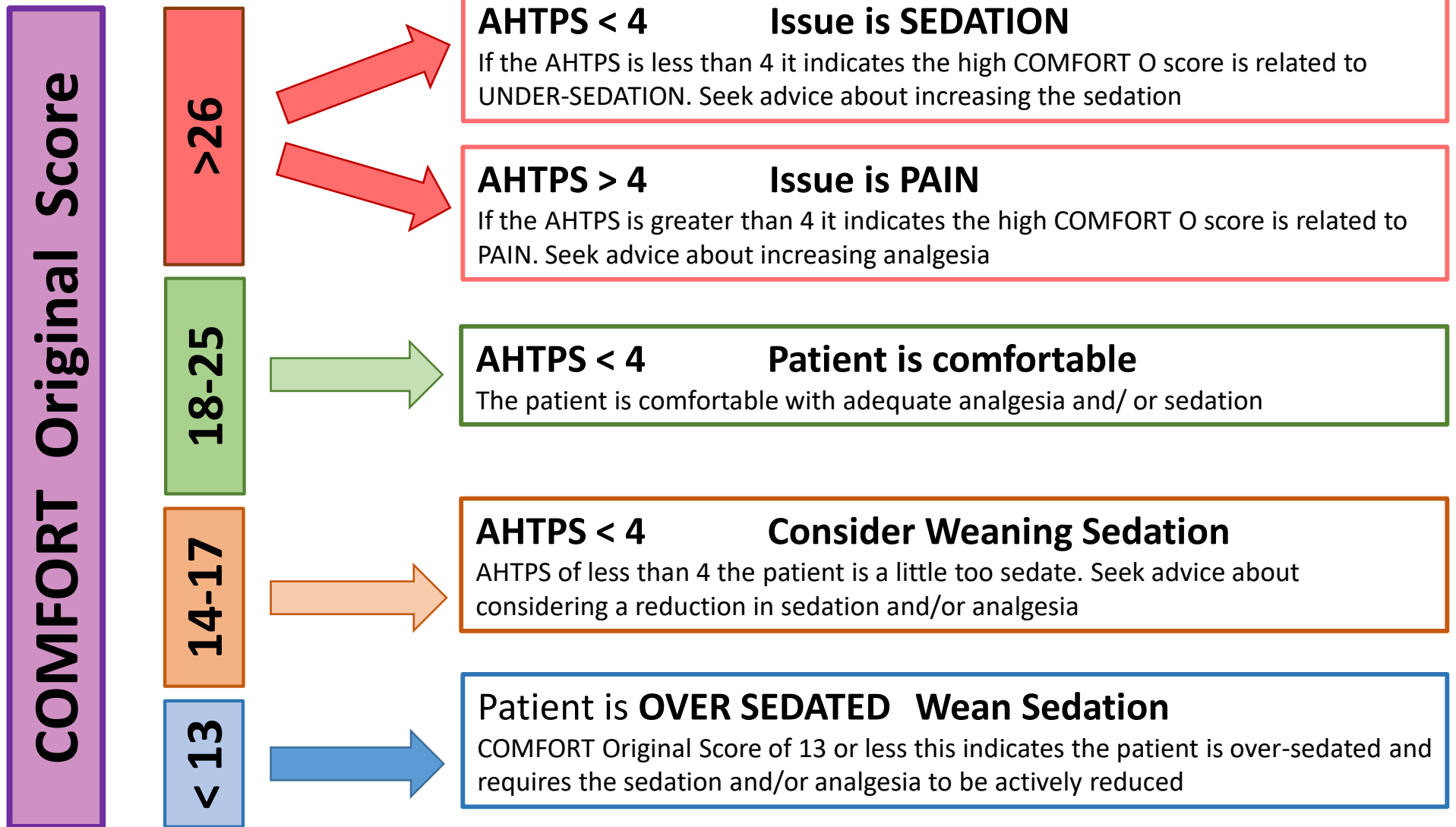
| | | | | | | | | | | |
|----------------|---|------------------|---|---|----------------------|---|---|---------------------|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| NO PAIN 0-1 | | MILD PAIN 1-3 | | | MODERATE PAIN 4-7 | | | SEVERE PAIN 8-10 | | |



COMFORT Original Score Titration Guide



First assess the COMFORT Original Score then assess the pain score



Alder Hey Triage Pain Score (0 – 10)

| RESPONSE | SCORE 0 | SCORE 1 | SCORE 2 |
|-------------------|----------------------|-----------------------------------|----------------------------------|
| Cry / Voice | No complaint/ no cry | Consolable/ Not talking/ negative | Inconsolable/complaining of pain |
| Facial Expression | Normal | Short grimace <50% of time | Long Grimace >50% of time |
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| | | | | | | | | | | |
|----------------|---|------------------|---|---|----------------------|---|---|---------------------|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| NO PAIN 0-1 | | MILD PAIN 1-3 | | | MODERATE PAIN 4-7 | | | SEVERE PAIN 8-10 | | |

By utilising a pain score in combination with a COMFORT Original Score the interpreter can more accurately determine if the high COMFORT score is in relation to pain or in relation to under-sedation

A high COMFORT Original Score can indicate pain, or can indicate distress as a result of behavioural factors- anxiety, separation from parents, confusion or grief. A knowledge of the child's baseline behaviours will assist in differentiating potential causes of high COMFORT O Scores.

AHTPS score can be replaced with any appropriate alternative validated pain score e.g. FLACCs, NRS, FACES, CRIES, Patient Reported Score.

If a pain score is reported is 4 or more this is indicative of a sufficient level of pain that a pharmacological or non-pharmacological intervention should be initiated. Non-pharmacological methods of pain relief and comfort must always be considered in combination with pharmacological methods